



Red Back Salamander *(Plethodon cinereus)*

Red back salamanders are a tiny “lizard like” woodland creatures that burrow underground during the wintertime. They don’t grow over 3 inches long, and their breeding season is from June through July.

***Plethodon cinereus*, really means “Lung-less”, so they use their skin to absorb oxygen. It’s important to make sure to have clean, bug spray less, and product free hands when you handle them to protect their skin. They eat small insects and other small invertebrates. Invertebrates are creatures that don’t have a spine.**

You can find Red backs on the Barnes Leap trail under moist large logs and rocks in evergreen areas.